

School Quarantine Guidelines From the Salt Lake County Health Department

If you or your child has been exposed to COVID-19 due to a confirmed case within Butterfield Canyon Elementary and the Salt Lake County Health Department does not have record of you having a COVID vaccination or having had COVID within the last 90 days, you have two choices:

1. Quarantine at home for 10 days; or
2. Wear a mask at school for 10 days.

With either choice, you have the option to get tested on day 7 of exposure and, if you test negative on day 7 and do not have any symptoms of COVID-19, you can return to school and you are no longer required to wear a mask. The test must be a PCR or antigen test, not an antibody test.

If you are vaccinated but received this letter, please provide us with proof of vaccination by emailing your name, date of birth, phone number, and COVID vaccination record card to vaccinerecords@slco.org.

The CDC also recommends that vaccinated people who are exposed to COVID:

- get tested 3–5 days after the exposure.
- wear a mask in public, indoor settings for 14 days after the exposure or until you receive a negative test result.

Whether you are vaccinated or not, please watch for symptoms and get tested if you become ill. Find a testing site near you by visiting coronavirus.utah.gov.

Remain isolated while waiting for your test results.

If you have symptoms and choose to not be tested, you must isolate for 10 days from when symptoms began, or 24 hours after symptoms end, whichever is longer.

During quarantine you should not leave home for ANY reason, except when advised by your health care provider to seek medical care in person. Do not go to work or any public place, including stores, malls, theatres, restaurants, or any other retail establishment. You should not visit family or friends at their homes or have any visitors to your home.

Family members or other close contacts of the person quarantined (the person involved in the activity or group listed above) **are not under quarantine themselves** but should monitor for symptoms and—like everyone in our community—practice regular, thorough hand washing.

They should also wear a face covering and stay 6 feet away from others when they leave home and may encounter others.

Sincerely,
Salt Lake County Health Department