

Butterfield Canyon School Community Council

10/13/2023

In Attendance: Michelle Moon, Jay Eads, Janet Hall, Martianne White, Amelia Wahlberg, Erika Scott, Elizabeth Bowden, Darrell Robinson

Election

Janet Hall: Motion to elect Amelia Wahlberg as Council Chair

Second: Erika Scott

Voting was unanimous

Martianne White: Motion to elect Erika Scott as Council Vice Chair

Second: Janet Hall

Voting was unanimous

Amelia Wahlberg: Motion to elect Michelle Moon as Council Secretary

Second: Martianne White

Voting was unanimous

Rules of Order

Meetings will be held at 1:20 on Fridays. Tentative dates for future meetings are Oct 13, 2023, Dec 8, 2023, Jan 26, 2024, Mar 15, 2024, May 10, 2024. The agenda will be made available to all council members at least one week in advance.

The rules state that the council should consist of 5 parent members. Janet Hall: motion to amend to 4 parents. Second: Michelle Moon. Voting was unanimous.

Elizabeth Bowden

Proposal for Health and Wellness Program at BCE

- Reasons a program like this is needed: last year there were 17 suicide risk assessments at our school (one of the largest in the district) with the youngest being in 1st grade. These feelings/emotions are starting at the elementary level. Red flag language is reported by an adult at the school, the SafeUT app, via Bark on school Chromebooks, teachers, parents, and other students. Teachers are to report suicidal language immediately which always includes a phone call to parents.
- Looking for curriculum that is developmentally appropriate - not schoolwide

- Parents will have the option to opt out 1-2 weeks beforehand

K-2 Proposal: Little Spot of Emotion - everyone has a different reaction to different emotions. It provides a peaceful spot and keeps kids in the classroom rather than the wellness room. That way learning isn't interrupted.

3-6 Proposal: SELFIE Care: Helps combat depression tendencies before full blown depression and anxiety. Program was developed in Herriman. SELFIE stands for Sleep, Exercise, Light, Fun, Interaction, and Eating Well. It includes a bookmark for each student and a story that will be shared in classrooms. It teaches students how to take care of their emotions. The book will be read the first year and then there will be continued emphasis on the language of the program throughout the older grades.

6th Grade Proposal: Riding the Waves: This program is approved by the head of psych at the district. There are 12 20 minute lessons. It includes lessons on understanding depression, affirmations, breathing, journaling, laughing, problem solving, and muscle relaxing.

The plan is to over communicate with parents and they will have the option to opt out every week. Lesson plans will be sent via email and posted on the school website. The idea of a parent night where this info is presented was brought up. The school is hoping to start these programs ASAP.

Amelia Wahlberg: Motion to approve this curriculum

Second: Erika Scott

Voting was unanimous

Janet Hall: Motion to proceed with this curriculum

Second: Michelle Moon

Voting was unanimous

Martianne White: Motion to hold a parent meeting before these programs are implemented

Second: Michelle Moon

Voting was unanimous

The parent meeting will be held on Nov 2nd at 7:00 pm at the school.

Kids in Action

More parent volunteers are needed. The teachers are running this program themselves and there are more students interested than they can fit. It will be successful if we can get more community involvement. Another SCC meeting is needed to discuss this further. We will meet on Nov 10th at 1:20 to talk more about it.

Michelle Moon: Motion to adjourn meeting.

Second: Janet Hall

Meeting adjourned at 2:30.